

Waitsfield Elementary November School Menu
 Student \$3.25 Reduced Child FREE Adult \$3.75

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 <u>Lasagna</u> 1- with Cheese and marinara 2- Pesto and Cheese 3- Peanut Butter and Jelly Sandwich Steamed Broccoli</p>	<p>4 <u>Smorgasboard</u> 1-Cheese Ravioli 2-Corn Chowder 3-Quiche 4-Shepard's Pie and Much Much More</p>	<p>5 <u>Pot Pie</u> 1- Chicken and Root Veggies 2- Root Veggies Served with Puff Pastry Shell</p>	<p>6 <u>Hot Subs</u> 1 - Meatballs and Marinara 2-Salami and Melted Cheese 3-Sauteed Vegetables and Melted Cheese</p>	<p>7 <u>Chili</u> 1-Local Beef and Bean 2- Veggie and Bean 3-Ham and Cheese Sandwich Basmati Rice</p>
<p>10 1-Homemade Cabot Mac and Cheese 2- or Cabot Mac and Trees (broccoli) 3- or Egg Salad Sandwich Squash Smiles</p>	<p>11 <u>Caesar Wraps*</u> 1- Lettuce, Chicken & Parmesan 2- or Lettuce & Parmesan 3-Tuna sandwich</p>	<p>12 <u>Stromboli</u> 1- Pepperoni, Ham and Cheese 2-Cheese with Marinara Dipping Sauce 3-Ham/Cheese Sandwich</p>	<p>13 <u>Spaghetti</u> 1-Meat Sauce 2-or Marinara 3-or Peanut Butter & Jelly Sandwich Caesar Salad *See Note Below</p>	<p>14 <u>Glorified Bag Lunch</u> 1 - Salami and Cheese 2- Tuna salad 3 - Veggies and Cheese Sun Chips Yogurt Carrot Sticks Fresh Fruit Water/milk</p>
<p>17 <u>Quesadilla*</u> 1 - Cheddar Cheese 2- or Sauteed Vegetables and Cheese 3- or Peanut Butter and Jelly</p>	<p>18 <u>Baked Sandwiches</u> 1- Ham and Cheese 2 - or Pesto and Mozzarella Cheese 3-or Cheddar</p>	<p>19 <u>Breakfast for Lunch</u> 1- waffles 2-or French Toast Bake Sausage Fruit Salad Add Vermont Maple Syrup</p>	<p>20 <u>Thanksgiving Lunch</u> Turkey Stuffing Potatoes Cranberry Sauce Peas</p>	<p>21 <u>Quiche</u> 1-Bacon & Cheddar 2-or Cheddar 3-or Ham & Cheddar Sandwich Italian Potatoes Caesar Salad</p>
<p>24 <u>Homemade Pizza</u> 1-Pesto & Cheese 2-or Cheese Hummus Dip with Carrots</p>	<p>25 <u>Taco Bar</u> 1- Meat 2-or Bean Add Cheese, Lettuce, Tomato, Salsa or Sour Cream. Rice</p>	<p>26 <u>Thanksgiving Break</u></p>	<p>27 <u>No School</u></p>	<p>28 <u>No School</u></p>

Grab & Go Breakfast \$1.75 Child \$1.75 Adult Free Reduced child

Graham Crackers and Peanut Butter Yogurt Juice/Milk	Chocolate Chip Banana Muffin Yogurt Juice/Milk	Yogurt and Granola Parfaits Fruit Juice/Milk	Sausage, Egg and Cheese Muffin Yogurt Juice/Milk	Cinnamon Croissant Yogurt Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!

News from the biggest classroom in the school:

Local Foods include Kingsbury Farm Carrots, lettuce, beets, tomatoes and spinach. Green Mountain Harvest Lettuce and Basil. Neill Farm Burger.

* Please note that our Breakfast and Snack Menu has changed.